

## TOP TIPS FOR PREPARING EFFECTIVELY FOR YOUR EXAMS

### WORK SMARTER

- Use a revision **TIMETABLE**, this will help you feel in control of your revision and allocate the appropriate amount of time to each subject

	MON	TUE	WED	THU	FRI	SAT	SUN
430-5	MATHS	ENG		IT	GEO	SCI	GEO
530-6	SCI	GEO	ENG	PE	MATHS	HIS	MATHS
630-7	IT		MATHS		ENG	IT	PE
730-8	PE	HIS	SCI				

- Revise for the subjects you find most difficult **FIRST** (while you have the most energy)
- Work in manageable blocks of time (30/40 mins)
- Reward yourself for good work- exercise is a great way to release stress and improve concentration!!
- Use a **variety** of study methods- focussing on what works best for you. Examples include:
  - Cue cards- breaking topics down into individual cards listing main points or themes, can use pictures, colours or mnemonics. Then reread and amend regularly
  - Spider diagrams or mind maps which link information, events, themes etc.
  - Mnemonics or acrostics to help remember large chunks of information such as to remember the Principles of Training use **S.P.O.R.T.** where:  
**S**= Specificity, **P**= Progression, **O**= Overload, **R**= Reversibility, **T**= Tedium
  - Songs
  - Record and listen to your notes via audio
  - Note taking- bullet points on each topic
- Revise **CONTENT** then **APPLY** it in **exam style questions**. Use bullet points to list the information you need to answer exam style questions, use highlighters to group ideas then give a detailed answer. As you get more confident with your knowledge, use your notes less and less!

# Shene School

"Enrich the Time to Come"



## SOURCES/TOOLS FOR REVISION

- Your class notebook
- Revision sessions
- Revision guides
- Internet- SAM learning, BBC Bitesize
- Past papers- from AQA, EDEXCEL, OCR (find out which exam board and topics you are studying for each subject)
- Highlighters, blank post cards, nice pens, maths equipment

## THE DAY BEFORE/ON THE DAY

- Eat a good meal the night before
- Have a good night's sleep- don't stay up too late cramming
- Set your own alarm and wake up early
- Eat breakfast and stay hydrated
- Leave the house early
- Prepare your equipment the day before, including: a clear plastic pencil case containing black pens (3), pencils (2), ruler, highlighters, rubber, maths set and calculator. Also bring water, tissues and a watch!
- Bring your revision materials with you on the day

## IN THE EXAM

- Read the questions carefully, **highlighting** key words which identify what the answer should be about
- Write in pencil the time you should finish each section
- Read your answers to make sure you have answered the question fully- give examples where possible to back up your answers. **Remember P.E.E.- point, evidence, explain**
- Make sure you have made enough points to gain full marks- generally one point= one mark
- If you get stuck, don't dwell on it- leave it and come back to it at the end!
- Manage your time well, if a paper is in 3 sections worth equal marks, have an idea of how long you should spend on each section and stick to it!
- Try to ensure your writing is legible!!

Good luck!

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